



Shoulder and Elbow Update

November 1-2, 2024

The Alloy Hotel

King of Prussia, PA



COURSE OBJECTIVES:

Upon completion of this course, participants will have gained the ability to provide a differential diagnosis evaluation, prognosis and intervention for various shoulder and elbow disorders.

Participants will be able to:

- Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
- Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
- Develop hands-on evaluation and treatment skills.

Accreditation Information:

Pennsylvania State Board of Physical Therapy (15 hours (6.0 GEN, 9.0 DA) - #PTPR015545)

Pennsylvania State Board of Occupational Therapy (15 hours)

New Jersey State Board of Physical Therapy Examiners (15 hours #2209-21)

Maryland Board of Physical Therapy Examiners (15 hours - #2022-1006)

Course Chairs:	Course Faculty
<p>Gerald R. Williams, MD Matthew L. Ramsey, MD David L. Glaser, MD Martin J. Kelley, PT, DPT, OCS Brian G. Leggin, PT, DPT, OCS</p>	<p>Kraig Bano, MPT, CHT Brian Cammarota, DPT, ATC William A. Clark, PT, MSc Brian Eckenrode, PT, PhD, OCS Jane Fedorczyk,, PT, PhD, CHT Thomas Hansmeier, DPT, OCS Karen Havlicsek, PTA Claire Hollyer, PT, DPT J. Gabriel Horneff, III, MD Joseph Kearns, PT, DPT, OCS Andrew F. Kuntz, MD Michelle Little, PT, DPT Kelly Murray, MD Angela R. Tate, PT, PhD, Cert. MDT Stephen J. Thomas, PhD, ATC Maria Tukis, DPT</p>

**Shoulder and Elbow Update
Day 1
November 1, 2024**

Time	Topic	Moderator - Gerald Williams
6:45 am	Check-in - Continental Breakfast	Speaker
7:55 am	Welcome & Introductions	Gerald R. Williams, Jr., MD
8:00 am	Natural History, Examination, and Differential Diagnosis of Rotator Cuff Disease	David L. Glaser, MD
8:30 am	Non-operative Management of Rotator Cuff Disease	Martin J. Kelley, PT, DPT, OCS
9:00 am	Rotator Cuff Repair: Decision Making and Technique,	Gerald R. Williams, Jr., MD
9:30 am	New Advances in Rotator Cuff Repair: Biologics, Balloons, and More	Andrew F. Kuntz, MD
9:45 am	Evidence Based Rehabilitation following Rotator Cuff Repair: When Should We Start and How What Should We Do?	Brian G. Leggin, PT, DPT, OCS
10:15 am	Break	Moderator - Matthew Ramsey
10:30 am	Glenohumeral Arthritis: Pathology, Diagnosis, and Nonoperative Management	Brian G. Leggin, PT, DPT, OCS
10:55 am	Shoulder Arthroplasty: Conventional and Reverse - Decision Making, Patient Selection, Implant Design	Gerald R. Williams, Jr., MD
11:25 am	It Seems Like Everyone is Getting a Reverse. The Case for Anatomic Arthroplasty	J. Gabriel Horneff, III, MD
11:40 am	Rehabilitation Following Conventional and Reverse Arthroplasty	Joseph Kearns, PT, DPT, OCS
12:00 noon	Panel Discussion and Case Presentations	Moderator - Matthew Ramsey, MD
12:30 pm	Lunch (on your own)	Moderator - David Glaser
1:30 pm	The Spectrum of Shoulder Instability and SLAP Lesions	Brian J. Sennett, MD
2:00 pm	Surgical Management of Instability and SLAP Lesions	John D. Kelly, IV, MD
2:30 pm	Rehabilitation of Shoulder Instability and SLAP Lesions	Brian G. Leggin, PT, DPT, OCS
3:00 pm	Break	
3:30 pm	Concurrent Workshops (Choose One)	
	Workshop 1: Shoulder Disorders: Clinical Examination and Decision Making	Brian Leggin, Matthew Ramsey, David Glaser, Gabe Horneff, Andy Kuntz, Gerald Williams
	Workshop 2: Manual Techniques for the Shoulder and Elbow	Martin Kelley, Will Clark, Joseph Kearns, Thomas Hansmeier, Claire Hollyer, Maria Tukis
	Workshop 3: Kinetic Chain Approach to the Overhead Athlete's Shoulder: Baseball, Swimming, Volleyball, Tennis	Angela Tate, Stephen Thomas, Brian Eckenrode
5:00 pm	Adjourn	

**Shoulder and Elbow Update
Day 2**

November 2, 2024

Time	Topic	Moderator - Gerald Williams
7:00 am	Continental Breakfast	Speaker
8:00 am	Pathophysiology and Surgical Management of Frozen Shoulder	Andrew F. Kuntz, MD
8:25 am	Guidelines for Rehabilitation of Frozen Shoulder	Martin J. Kelley, PT, DPT, OCS
8:50 am	Differential Diagnosis, Classification and Management of Proximal Humerus and Scapular Fractures	David L. Glaser, MD
9:15 am	Rehabilitation of Shoulder Girdle Fractures	Joseph Kearns, PT, DPT, OCS
9:45 am	Break	Moderator - Brian Leggin
10:00 am	Elbow Instability and Ulnar Collateral Ligament Injuries: Differential Diagnosis and Surgical Management	Matthew L. Ramsey, MD
10:30 am	Rehabilitation of UCL Reconstruction	Brian Cammarota, DPT, ATC
11:00 am	Differential Diagnosis, Pathogenesis and Management of Elbow Epicondylitis and Tendinosis	Kelly Murray, MD
11:30 am	Rehabilitation of Elbow Epicondylitis and Tendinosis	Jane Fedorczyk, PT, PhD, CHT
12:00 noon	Panel Discussion and Case Presentations	Moderator - Brian Leggin
12:30	Lunch (on your own)	
1:30 pm	Scapular Disorders: An Algorithm for Evaluation and Management	Martin J. Kelley, PT, DPT, OCS
2:00 pm	Fractures about the Elbow: Differential Diagnosis, Indications for Surgery and Goals of Surgical Management	Matthew L. Ramsey, MD
2:30 pm	Rehabilitation Principles Following Elbow Fracture	Jane Fedorczyk, PT, PhD, CHT
3:00 pm	Break	
3:30 pm	Concurrent Workshops	
	Workshop 1: Elbow Disorders: Clinical Examination and Decision Making	Matthew Ramsey, Jane Fedorczyk, Christos Karagianopolous, Kelly Murray
	Workshop 2: Manual Techniques for the Shoulder and Elbow	Martin Kelley, Will Clark, Joseph Kearns, Thomas Hansmeier, Claire Hollyer, Maria Tukis
	Workshop 3: Instrumented Assisted Soft Tissue Mobilization for the Shoulder and Elbow	Kraig Bano, Michele Little, Karen Havlicsek
5:00 pm	Adjourn	