

Shoulder and Elbow Update

November 1-2, 2024

The Alloy Hotel

King of Prussia, PA



COURSE OBJECTIVES:

Upon completion of this course, participants will have gained the ability to provide a differential diagnosis evaluation, prognosis and intervention for various shoulder and elbow disorders.

Participants will be able to:

- Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
- Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
- Develop hands-on evaluation and treatment skills.

Accreditation Information:

Pennsylvania State Board of Physical Therapy (15 hours (6.0 GEN, 9.0 DA) - #PTPR015545)

Pennsylvania State Board of Occupational Therapy (15 hours)

New Jersey State Board of Physical Therapy Examiners (15 hours #2209-21)

Maryland Board of Physical Therapy Examiners (15 hours - #2022-1006)

Course Chairs:

Gerald R. Williams, MD Matthew L. Ramsey, MD David L. Glaser, MD Martin J. Kelley, PT, DPT, OCS Brian G. Leggin, PT, DPT, OCS

Course Faculty

Kraig Bano, MPT, CHT Brian Cammarota, DPT, ATC William A. Clark, PT. MSc Brian Eckenrode, PT, PhD, OCS Jane Fedorczyk,, PT, PhD, CHT Thomas Hansmeier, DPT, OCS Karen Havlicsek, PTA Claire Hollyer, PT, DPT J. Gabriel Horneff, III, MD Joseph Kearns, PT, DPT, OCS Andrew F. Kuntz, MD Michelle Little, PT, DPT Kelly Murray, MD Angela R. Tate, PT, PhD, Cert. MDT Stephen J. Thomas, PhD, ATC Maria Tukis, DPT

Shoulder and Elbow Update Day 1 November 1, 2024

T:	November 1, 2024	Moderator - Gerald Williams
Time	Topic	
6:45 am	Check-in - Continental Breakfast	Speaker
7:55 am	Welcome & Introductions	Gerald R. Williams, Jr., MD
8:00 am	Natural History, Examination, and Differential Diagnosis of Rotator Cuff Disease	David L. Glaser, MD
8:30 am	Non-operative Management of Rotator Cuff Disease	Martin J. Kelley, PT, DPT, OCS
9:00 am	Rotator Cuff Repair: Decision Making and Technique,	Gerald R. Williams, Jr., MD
9:30 am	New Advances in Rotator Cuff Repair: Biologics, Balloons, and More	Andrew F. Kuntz, MD
9:45 am	Evidence Based Rehabilitation following Rotator Cuff Repair: When Should We Start and How What Should We Do?	Brian G. Leggin, PT, DPT, OCS
10:15 am	Break	Moderator - Matthew Ramsey
10:30 am	Glenohumeral Arthritis: Pathology, Diagnosis, and Nonoperative Management	Brian G. Leggin, PT, DPT, OCS
10:55 am	Shoulder Arthroplasty: Conventional and Reverse - Decision Making, Patient Selection, Implant Design	Gerald R. Williams, Jr., MD
11:25 am	It Seems Like Everyone is Getting a Reverse. The Case for Anatomic Arthroplasty	J. Gabriel Horneff, III, MD
11:40 am	Rehabilitation Following Conventional and Reverse Arthroplasty	Joseph Kearns, PT, DPT, OCS
12:00 noon	Panel Discussion and Case Presentations	Moderator - Matthew Ramsey, MD
12:30 pm	Lunch (on your own)	Moderator - David Glaser
1,20		
1:30 pm	The Spectrum of Shoulder Instability and SLAP Lesions	Brian J. Sennett, MD
2:00 pm	The Spectrum of Shoulder Instability and SLAP Lesions Surgical Management of Instability and SLAP Lesions	Brian J. Sennett, MD John D. Kelly, IV, MD
2:00 pm 2:30 pm 3:00 pm	Surgical Management of Instability and SLAP Lesions Rehabilitation of Shoulder Instability and SLAP Lesions Break	John D. Kelly, IV, MD
2:00 pm 2:30 pm	Surgical Management of Instability and SLAP Lesions Rehabilitation of Shoulder Instability and SLAP Lesions	John D. Kelly, IV, MD
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2:00 pm 2:30 pm 3:00 pm 3:30 pm	Surgical Management of Instability and SLAP Lesions Rehabilitation of Shoulder Instability and SLAP Lesions Break Concurrent Workshops (Choose One) Workshop 1: Shoulder Disorders: Clinical Examination and Decision Making Workshop 2: Manual Techniques for the Shoulder and Elbow Workshop 3: Kinetic Chain Approach to the Overhead Athlete's Shoulder: Baseball, Swimming, Volleyball, Tennis	John D. Kelly, IV, MD Brian G. Leggin, PT, DPT, OCS Brian Leggin, Matthew Ramsey, David Glaser, Gabe Horneff, Andy Kuntz, Gerald Williams Martin Kelley, Will Clark, Joseph Kearns, Thomas Hansmeier,
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November 2, 2024

8:00 am Continental Breakfast Speaker 8:00 am Pathophysiology and Surgical Management of Frozen Shoulder 8:25 am Guidelines for Rehabilitation of Frozen Shoulder 8:50 am Differential Diagnosis, Classification and Management of Proximal Humerus and Scapular Fractures 9:15 am Rehabilitation of Shoulder Girdle Fractures 9:45 am Rehabilitation of Shoulder Girdle Fractures 10:00 am Elbow Instability and Ulnar Collateral Ligament Injuries: Differential Diagnosis and Surgical Management 10:30 am Rehabilitation of UCL Reconstruction 11:00 am Differential Diagnosis, Pathogenesis and Management of Elbow Epicondylitis and Tendinosis 11:30 am Rehabilitation of Elbow Epicondylitis and Tendinosis 12:30 Panel Discussion and Case Presentations 12:30 Lunch (on your own) 1:30 pm Scapular Disorders: An Algorithm for Evaluation and Management 2:30 pm Rehabilitation Filbow: Differential Diagnosis, Indications for Surgery and Goals of Surgical Management 2:30 pm Rehabilitation Principles Following Elbow Fracture 3:30 pm Concurrent Workshops Workshop 1: Elbow Disorders: Clinical Examination and Decision Making Workshop 2: Manual Techniques for the Shoulder and Elbow Workshop 3: Instrumented Assisted Soft Tissue Mobilization for the Shoulder and Elbow Kraig Bano, Michele Little, Karen Havlicsek Kraig Bano, Michele Little, Karen Havlicsek	Time	November 2, 2024 Topic	Moderator - Gerald Williams
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